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# Why Does Asparagus Make Your Pee Smell?: Fascinating Food Trivia Explained With Science



## Synopsis

FOOD QUESTIONS ANSWERED WITH COLORFUL GRAPHICS AND FUN, EASY-TO-UNDERSTAND SCIENTIFIC EXPLANATIONS Have you ever wondered...? Why bacon smells so good? Why onions make you cry? If eating turkey makes you sleepy? If mixing drinks makes a hangover worse? How energy drinks work? Why chocolate is poisonous to dogs? Why coffee makes you more wired than tea? Why cilantro tastes soapy to some? The answers to these baffling questions and more are revealed in this friendly, informative collection of trivia. Not a scientist? No problem. This book's colorful graphics and easy-to-understand explanations make these food facts fun for everyone.

## Book Information

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## Customer Reviews

Ever wonder how Pop Rocks work? Do you hate drinking orange juice after brushing your teeth? Think your cousin is weird because he absolutely hates cilantro? Andy Brunning compiles myths, facts and things you think about and never thought to ask in one easy to read question and answer guide. They are all science based, so you get quality answers as opposed to "it just is." "Why Does Asparagus Make Your Pee Smell?" In filled with informative facts for a random trivia night, to test out party tricks (tonic water glows under a black light) or just to further one's knowledge. You might not remember all the information in the book from the first read, but it's filled with enough trivia that it keeps you coming back. You can even be a smarty-pants and school your friends (I definitely got scooled myself) on something they think they know - Tryptophan in turkey makes you sleepy?

FALSE. All in all, I think Brunning wrote a great coffee table book. The title alone makes you want to pick it up. Plus, because of Brunning I now know that guacamole means "testicle soup." If I never learn another fact, I now have that gem nested inside my dome for life. And believe me, I'm passing that on.

I picked up this book for my boyfriend, who asks me this question every time we eat asparagus. I was only going to skim through it before giving it him, but I fell in love and had to read the whole thing. I was pleasantly surprised when I discovered that this book is filled with interesting facts presented in a fun and clever way. I was never confused by the science or bored with technical jargon- this book has good information that is fun to learn! If you're interested in food science and trivia, this book is definitely for you. It's filled with frankly beautiful infographics that are easy to read and provide you with everything you need to know. Each question is paired with a page or so of easy-to-read explanation as well as a stunning graphic that spells it all out for you. From poisonous pufferfish to why onions make people cry, there is a wealth of information here! I mean, seriously- did you know that the idea that carrots help you see in the dark has its roots in World War II propaganda?

This book is **AMAZEBALLS**. Seriously. My bf and I eat asparagus on the regular and it **ALWAYS** makes our pee smell, obviously. It's a constant source of conversation lol. I was a little concerned about the chemistry that might be involved after reading this book and wondering if my brain was going to explode but this book was **AMAZING**. I love the graphics and the way that the book has scientific responses for what is one of life's most real struggles. The visuals of this book do a great job of breaking up the information. There are things I discovered in this book that I didn't even know existed like artichokes make drinks taste sweeter? Had no idea so I tested it out myself and it's a real thing! This book is fun, illustrated and full of an abundance of information! Highly recommended

I decided to pick this book up on a whim. While the book is called "Does asparagus make your pee smell?" I would definitely say that this book covers way more than asparagus and brings to light so many different and cool facts about food with the science behind it intertwined. If you're looking for something to give to a foodie this is it because this book not only provides interesting facts, but the science behind it as well. You might make that young foodie friend of yours an expert real quick. Besides the content, I found that the book is organized very well and that the illustrations are

perfect. Each fact is broken down into little interesting tidbits and made easier to understand by using colorful illustrations.

The title of this book got my attention because I noticed once when I ate some asparagus that my pee did smell, and wondered why, now I know. This is a quirky book with a lot of technical information on the chemical make up of foods and why different things happen with some foods. It was an easy to read book with technical chemical information that you can understand. The colorful illustrations are clear and understandable, written in a fun way. I would recommend this book for anyone with a curious mind interested in science and chemical interactions. Fun food trivia.

If you love science and or you have an inquisitive mind (I guess I fit the bill because I always tell people my first word was WHY), you'll enjoy reading WHY DOES ASPARAGUS MAKE YOUR PEE SMELL? written by ANDY BRUNNING. Andy is a Chemistry teacher in the UK and the owner of the site, COMPOUND INTEREST. The cover of Asparagus is quite eye-catching along with the bright illustration inside it. Andy seems like a very thorough guy with a keen mind. Each article also includes graphs, diagrams and the chemical makeup of the item its about. Andy has included a well-written introduction. The book is broken up into categories like Flavor, Poison, Health, Transformation and so on. Now I know why I am not crazy about asparagus. I always knew beans were gassy but now I know why they make me (and you) fart. I am still looking for the tee shirt that says I MAKE MY OWN GAS! There really is one out there somewhere. If you find it, let me know. Do you know why lemon helps to reduce fish odor? I always thought, and now I know I'm wrong (don't tell anyone) that eating turkey makes you tired due to a chemical, tryptophan. We just overeat. Everyone says that eating carrots helps to improve eyesight (maybe not?). There are so many food myths floating around and Andy Brunning is just the right man to investigate them. Get your copy of WHY DOES ASPARAGUS MAKE YOUR PEE SMELL? today. It's a wonderful gift for a curious friend or family member.

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